



Microdermabrasion

Microdermabrasion is a non-surgical, non-chemical, non-invasive method of skin resurfacing. The treatment is helpful for skin discoloration, fine wrinkles, acne and rough skin texture.

Microdermabrasion is the step between a chemical peel and cosmetic surgery with immediate benefits. The procedure has been called the 'lunch time' peel, or Parisian peel because it takes about 30 minutes and allows you to re-apply make-up and return to work immediately.

Microdermabrasion offers a multi-step process to skin restoration without the pain, cost and recuperation time associated with acid peels and laser treatments. This treatment is recommended every three weeks, for at least 6 – 8 treatments.

Acceptable results of more aggressive treatment can be redness and slight swelling immediately following treatment, but should resolve in 2 – 3 hours and can be easily covered with make-up.

Topical pain medications are not necessary. While rare, if a crust would occur after treatment, apply an antibiotic ointment such as Bacitracin, or another triple antibiotic ointment to the area. The crust will usually exfoliate in 3 – 5 days. Do not pick at or attempt to peel the crust area.