

Phone 563-322-8877
Email: iowaplastic@yahoo.com
Fax 563-322-8375
www.iowaplasticsurgery.com



Benjamin Van Raalte, M.D.

Microdermabrasion Information Sheet

Microdermabrasion is a non-surgical, non-chemical, non-invasive method of skin resurfacing. This new treatment is helpful for skin discoloration, fine wrinkles, acne, and rough skin texture. Recovery time is rapid.

Microdermabrasion is the step between a chemical peel and cosmetic surgery with immediate benefits. The procedure has been called the "lunch time" peel, or Parisian peel because it takes less than 30 minutes and also allows you to return to work immediately.

Microdermabrasion offers a multi-step process to skin restoration without pain, cost and recuperation time associated with modern day acid peels and laser treatments. You may have this treatment every two weeks. It is recommended that you have at least 6 – 8 treatments.

Acceptable results of more aggressive treatment can be redness and slight swelling immediately following treatment but should resolve in 2 – 3 hours. It can easily be covered up with makeup. Makeup can be applied immediately following a treatment.

Topical pain medications are not necessary. If a crust would occur after the procedure, apply an antibiotic ointment such as Bacitracin, or another triple antibiotic ointment over the area until they are healed. The crust will usually exfoliate in 3 – 5 days.

The consultation for this procedure is complimentary with our Aesthetician Lori Caruso.

The price for a single treatment is \$80 and \$275 for a package of 4 treatments.