



**Dr. Benjamin Van Raalte**

## **DioLite™ 532 Pre/Post Treatment Information**

### ***Pre-Treatment Information***

1. Generally little or no pre-treatment is required with the DioLite 532.
2. Your physician may recommend a treatment to prepare you for laser therapy. Sometimes a mild bleaching agent is prescribed to lighten the areas that will be treated.

### ***Post-Treatment Instructions***

1. The area treated with the laser may be red afterward. This will generally fade within 24-48 hours.
2. The treated area can be washed normally with mild soap and water. Wash the area gently with your fingertips. Use of a washcloth or other abrasive cleansing instrument is not recommended.
3. For the next 3 – 4 weeks, avoid sun exposure to the treated area. Use of a sunscreen containing SPF of 15 or higher is recommended.
4. Avoid irritants such as products containing glycolic acid or Retin-A for 5 – 7 days.
5. Minor crusting or scabbing of the treated area can occur. Do not rub or pick the scab. After washing with fingertips with a gentle soap, apply an antibacterial ointment to the treated area.
6. Pigmented lesions may turn gray or dark after treatment. As the skin heals in 7 – 14 days the spot will slough off. Do not rub or pick the lesion. Antibacterial or moisturizing ointment may be applied to the area desired.

*Please remember that multiple treatments may be required to achieve the optimum result with either vascular or pigmented lesions.*