

Prior to Your Consultation

Set up your Patient Portal

1. Follow the text/email link to **myPatientVisit** (best done on a computer or tablet)
2. Create an account with a username and password of your choice
3. Complete registration including medical history and patient agreements

Don't have a myPatientVisit or having difficulty logging in? Call us at 563-322-8877 and we can resend you a link.

Upload pictures

1. Log into your patient portal at www.mypatientvisit.com
2. On the righthand side, select the dropdown box, 'I want to...'
3. Select 'Upload Document'
4. Select the pictures/files from your device

Pictures should be uploaded to your myPatientVisit portal 48 hours prior to your virtual appointment.

How to take your pictures

1. Choose a plain background and well-lit location
 2. Your clothes should be fully removed to show the area of concern
 3. Take **at least three** photos showing the front and each side view of your area of concern
- BREAST PROCEDURES: take pictures showing from chin to hip
 - BODY PROCEDURES: take pictures showing from chin to knee
 - FACE PROCEDURES: take pictures showing from top of head to shoulder

Upload only pictures showing your area of concern.

Your Consultation with Doctor

How to access your virtual appointment

1. Be sure to use a phone, computer, or tablet with a built-in camera and microphone
2. Find a quiet, private spot to take the call
3. Follow the telehealth link sent via text and/or email
4. You will enter a virtual waiting room and be automatically connected to Doctor when he joins

If you run into issues connecting, contact our office at 563-322-8877.

Breast Augmentation Patients ONLY

If meeting with Doctor for a BREAST AUGMENTATION CONSULTATION, you must upload additional photos. See examples below.

1. Directly facing the camera
2. Turn 45 degrees facing LEFT side
3. Full side profile facing LEFT side
4. Turn 45 degrees facing RIGHT side
5. Full side profile facing RIGHT side
6. Facing camera, with tape measure (cm) visible to, measuring from armpit to armpit.
7. Facing camera, with tape measure visible (cm), measuring from nipple to nipple.
8. Facing camera, with tape measure visible (cm), measuring from sternal notch to left nipple.
9. Facing camera, with tape measure visible (cm), measuring from sternal notch to right nipple.

